

The Gorge Adult Tennis Program



Director of Tennis: Craig Pearce
 HRSC Head Tennis Pro: Kevin Beeson
 TDFCC Head Tennis Pro: David Sturdyvin



Private Lessons with Craig Pearce:		
Time	Tennis Members	Non Members
60 min Private	\$50.00	\$65.00
60 min Semi	\$52.00 (split)	\$70.00 (split)
1/2hr	\$28.00	\$35.00
3 & me (60 min)	\$17.00	\$22.00
3 & me (90 min)	\$22.00	\$28.00
4 & me (90 min)	\$18.00	\$25.00

*NTRP 3.5 and above only

Private Lessons with David Sturdyvin		
Time	Tennis Members	Non Members
60 min Private	\$44.00	\$55.00
60 min Semi	\$46.00 (split)	\$56.00 (split)
1/2hr	\$23.00	\$30.00
3 & me (60 min)	\$15.00	\$20.00
3 & me (90 min)	\$20.00	\$25.00
4 & me (90 min)	\$15.00	\$20.00
(5) 50 min private lesson special	\$200.00	N/A

MEN'S NIGHT
 Mondays 6:30pm-8:30pm
 Cost: \$12.00 Call TDFCC to reserve a spot



CARDIO TENNIS
 Tues, Thurs 6:00pm
 Saturday 9:00 am
*****ALL CARDIO TENNIS CLASSES ARE FREE*****

WOMEN'S NIGHT
 Fridays 5:30pm-7:30pm
 Cost: \$12.00 Call TDFCC to reserve a spot

PRIVATE LESSONS AVAILABLE SATURDAYS AND SUNDAYS!
 Contact David to schedule an appointment

Skills And Drills
 Please contact David to sign up!

CO-ED & SPECIAL DRILLS			
Monday	6:00pm-7:30pm	Instructor: Craig Pearce	\$12 3.0-3.5 Co-Ed
Wednesday	6:00pm-7:30pm	Instructor: Craig Pearce	\$12 3.0-3.5 Co-Ed
CO-ED DOUBLES PLAY/DRILLS			
Tuesday	7:00pm-8:30 pm	Instructor: David Sturdyvin	\$10 Non-member drill
Wednesday	7:30pm-9:00pm	Instructor: David Sturdyvin	\$10 \$20 per drill
Thursday	7:00pm-8:30pm	Instructor: David Sturdyvin	\$10 5 visit limit
Saturday	10:00am-11:30am	Instructor: David Sturdyvin	\$10 Per year

*Club reserves the right to change instructor or cancel a class
 *Contact Information for David: e-mail: david@fitnesstd.com
 Cell:262-325-2975

Revised 12.18.10

The Dalles Fitness and Court Club Junior Tennis Program 2010/2011

TDFCC Junior Program Moto: "HAVE FUN AND MAKE FRIENDS!"

Tennis Development Classes Based on a MONTHLY Schedule

Head Pro: David Sturdyvin e-mail: David@fitnessstd.com cell: 262-325-2975

Tiny Tots (ages 3-5)

Junior tennis lessons for kids ages 3-5 years of age. These introductory tennis classes focus on making tennis 'FUN' for young toddlers.

Lots of fun, tennis-related games and activities are enjoyed by all who participate.

Thursday 2:00 PM-2:30 PM

Class taught by: David Sturdyvin

Rising Stars (ages 7-11)

Introductory level tennis lessons that focus on the basics of tennis and making tennis 'FUN' for young children. Lots of fun, tennis-related games and activities are enjoyed by all who participate.

Thursday 4:30 PM-5:30 PM

Class taught by: David Sturdyvin

Mighty Mites (ages 4-6)

This program introduces the exciting game of tennis to children 4 to 6 years of age. Constant activity, exercises and fun games help keep children stimulated.

Thursday 3:30 PM-4:30 PM

Class taught by: David Sturdyvin

Advanced Juniors (ages 7-13)

Intermediate level tennis lessons with a strong focus on technique. Students can successfully keep the ball in play and participate in fun drills and games.

Wednesday 4:45 PM-6:15 PM

Class taught by: David Sturdyvin



Pricing:	Member	Non-member
1 hour class	\$8	\$10
1 1/2 hour class	\$12	\$15



* Prices may vary depending on the number of classes in the month

***Payment is due in advance for all classes running.
No Refunds or Credits for missed classes. Check with the front desk on availabilities, dates, and times!

High School Team

A class that caters to students playing varsity high school tennis or is making the move from JV to varsity. A chance to hone skills and strategies for competitive play

Monday 5:00 PM-6:30 PM

Class taught by: David Sturdyvin

Our challenging and fun group lessons are specially structured for each skill level. Contact David Sturdyvin for an evaluation before signing up for a group.

*Contact Information for David: e-mail: David@fitnessstd.com
Cell: 262 325-2975